

Anti-racism Resources for Parents

This document is intended to serve as a resource to white people and parents to deepen our anti-racism work. If you haven't engaged in anti-racism work in the past, start now. Feel free to circulate this document on social media and with your friends, family, and colleagues.

(Adapted from a document first compiled by Sarah Sophie Flicker, Alyssa Klein in May 2020)

Resources for white parents to raise anti-racist children:

- Books:

- [Coretta Scott King Book Award Winners: books for children and young adults](#)
- [31 Children's books to support conversations on race, racism and resistance](#)
- [American Indian's in Children's Literature Best Books of 2018](#)
- [20 Children's Books Set in the Middle East and North Africa](#)
- [20 Latinx Children's Books that Should Be On Your Shelf](#)
- [20 Picture Books for 2020: Readings to Embrace Race, Provide Solace & Do Good](#)
- [A Diverse Summer Reading List for Kids](#)
- [28 Great Black History Month Books for Kids](#)
- [24 Children's Books to Read to Your Kids in Honor of Black History Month](#)
- [Our Diverse World: Middle East](#)
- [Latinx American Children's Books for Kids of All Ages](#)
- [Coretta Scott King Book Award Winners](#)
- [6 Lovely Children's Books About Asian American Culture](#)
- [20 Books for Young Readers to Celebrate Asian Pacific American Heritage Month & Year Round](#)
- [1000 Black Girl Books Resource Guide](#)
- [16 Anti-racism Books for Young Children](#)
- [30 Asian & American Children's Books for Ages 0 to 18](#)
- [Books About Racism for Adults & Young Adults](#)

- Podcasts:

- [Parenting Forward podcast episode 'Five Pandemic Parenting Lessons with Cindy Wang Brandt](#)
- [Nice White Parents NYT Podcast](#)
- [Fare of the Free Child podcast](#)
- [NPR Podcast: Louder Than a Riot](#)
- [Integrated Schools podcast episode "Raising White Kids with Jennifer Harvey"](#)

- Articles:

- [How White Parents Can Talk To Their Kids About Race | NPR](#)
- [Teaching Your Child About Black History Month | PBS](#)
- [Your Kids Aren't Too Young to Talk About Race: Resource Roundup from Pretty](#)

Good

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- The Conscious Kid: follow them on [Instagram](#) and consider signing up for their [Patreon](#)

Articles to read:

- ["America's Racial Contract Is Killing Us"](#) by Adam Serwer | Atlantic (May 8, 2020) • [Ella Baker and the Black Freedom Movement \(Mentoring a New Generation of Activists\)](#) • ["My Life as an Undocumented Immigrant"](#) by Jose Antonio Vargas | NYT Mag (June 22, 2011)
- [The 1619 Project \(all the articles\)](#) | The New York Times Magazine
- [The Combahee River Collective Statement](#)
- ["The Intersectionality Wars"](#) by Jane Coaston | Vox (May 28, 2019)
- [Tips for Creating Effective White Caucus Groups](#) developed by Craig Elliott PhD • ["Where do I donate? Why is the uprising violent? Should I go protest?"](#) by Courtney Martin (June 1, 2020)
- ["White Privilege: Unpacking the Invisible Knapsack"](#) by Knapsack Peggy McIntosh • ["Who Gets to Be Afraid in America?"](#) by Dr. Ibram X. Kendi | Atlantic (May 12, 2020)
- [7 Strategies Educators Can Use in Content and Curriculum](#)

Videos to watch:

- [Black Feminism & the Movement for Black Lives: Barbara Smith, Reina Gossett, Charlene Carruthers \(50:48\)](#)
- [Dr. Robin DiAngelo discusses 'White Fragility' \(1:23:30\)](#)
- ["How Studying Privilege Systems Can Strengthen Compassion"](#) | Peggy McIntosh at TEDxTimberlaneSchools (18:26)

Listen:

- [How White Parents Can Talk to Their Kids About Race](#)
- [Talking Race With Young Children](#)
- [1619 \(New York Times\)](#)
- [About Race](#)
- [Code Switch \(NPR\)](#)
- [Intersectionality Matters! hosted by Kimberlé Crenshaw](#)
- [Momentum: A Race Forward Podcast](#)
- [Pod For The Cause \(from The Leadership Conference on Civil & Human Rights\)](#)
- [Pod Save the People \(Crooked Media\)](#)
- [Seeing White](#)
- [The Condition of Black Lives is Mourning](#)
- [Eula Biss Talking About Whiteness](#)

Books to read:

- [Black Feminist Thought](#) by Patricia Hill Collins
- [Eloquent Rage: A Black Feminist Discovers Her Superpower](#) by Dr. Brittney Cooper

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- [Heavy: An American Memoir](#) by Kiese Laymon
- [How To Be An Antiracist](#) by Dr. Ibram X. Kendi
- [Raising White Kids](#) by Jennider Harvey
- [Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong](#) by James W. Loewen
- [A People's History of the United States](#) by Howard Zinn
- [I Know Why the Caged Bird Sings](#) by Maya Angelou
- [Invisible No More: Police Violence Against Black Women and Women of Color](#) by Andrea J. Ritchie
- [Just Mercy](#) by Bryan Stevenson
- [Me and White Supremacy](#) by Layla F. Saad
- [Raising Our Hands](#) by Jenna Arnold
- [Redefining Realness](#) by Janet Mock
- [Sister Outsider](#) by Audre Lorde
- [So You Want to Talk About Race](#) by Ijeoma Oluo
- [The Bluest Eye](#) by Toni Morrison
- [The Fire Next Time](#) by James Baldwin
- [The New Jim Crow: Mass Incarceration in the Age of Colorblindness](#) by Michelle Alexander
- [The Next American Revolution: Sustainable Activism for the Twenty-First Century](#) by Grace Lee Boggs
- [The Warmth of Other Suns](#) by Isabel Wilkerson
- [Their Eyes Were Watching God](#) by Zora Neale Hurston
- [This Bridge Called My Back: Writings by Radical Women of Color](#) by Cherríe Moraga ●
- [When Affirmative Action Was White: An Untold History of Racial Inequality in Twentieth-Century America](#) by Ira Katznelson
- [White Fragility: Why It's So Hard for White People to Talk About Racism](#) by Robin DiAngelo, PhD

Films and TV series to watch:

- [Sesame Street Antiracism Special](#)
- [Race: The Power of an Illusion](#) - Available on DVD or to stream on California Newsreel
- [8 Inclusive Shows for the Whole Family to Watch](#)
- 13th (Ava DuVernay) — Netflix
- American Son (Kenny Leon) — Netflix

- Black Power Mixtape: 1967-1975 — Available to rent
- Blackish - Hulu
- Blindspotting (Carlos López Estrada) — Hulu with Cinemax or available to rent
- Clemency (Chinonye Chukwu) — Available to rent
- Dear White People (Justin Simien) — Netflix
- Fruitvale Station (Ryan Coogler) — Available to rent
- I Am Not Your Negro (James Baldwin doc) — Available to rent or on Kanopy
- If Beale Street Could Talk (Barry Jenkins) — Hulu
- Just Mercy (Destin Daniel Cretton) — Available to rent for free in June in the U.S.
- King In The Wilderness — HBO
- Mixedish - Hulu
- See You Yesterday (Stefon Bristol) — Netflix
- Selma (Ava DuVernay) — Available to rent for free in June in the U.S.
- The Black Panthers: Vanguard of the Revolution — Available to rent ●
- The Hate U Give (George Tillman Jr.) — Available to rent for free
- When They See Us (Ava DuVernay) — Netflix

Organizations to follow on social media:

- Antiracism Center: [Twitter](#)
- Audre Lorde Project: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Black Women’s Blueprint: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Color Of Change: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Colorlines: [Twitter](#) | [Instagram](#) | [Facebook](#)
- The Conscious Kid: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Equal Justice Initiative (EJI): [Twitter](#) | [Instagram](#) | [Facebook](#)
- Families Belong Together: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Justice League NYC: [Twitter](#) | [Instagram](#) + Gathering For Justice: [Twitter](#) | [Instagram](#) ●
- The Leadership Conference on Civil & Human Rights: [Twitter](#) | [Instagram](#) | [Facebook](#) ●
- The Movement For Black Lives (M4BL): [Twitter](#) | [Instagram](#) | [Facebook](#) ●
- MPowerChange: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Muslim Girl: [Twitter](#) | [Instagram](#) | [Facebook](#)
- NAACP: [Twitter](#) | [Instagram](#) | [Facebook](#)
- National Domestic Workers Alliance: [Twitter](#) | [Instagram](#) | [Facebook](#)
- RAICES: [Twitter](#) | [Instagram](#) | [Facebook](#)
- Show
- ing Up for Racial Justice (SURJ): [Twitter](#) | [Instagram](#) | [Facebook](#)
- SisterSong: [Twitter](#) | [Instagram](#) | [Facebook](#)
- United We Dream: [Twitter](#) | [Instagram](#) | [Facebook](#)

More anti-racism resources to check out:

- [75 Things White People Can Do for Racial Justice](#)
- [Anti-Racism Project](#)
- [Jenna Arnold’s resources \(books and people to follow\)](#)
- [Rachel Ricketts’ anti-racism resources](#)

- [Resources for White People to Learn and Talk About Race and Racism](#)
- [Save the Tears: White Woman's Guide by Tatiana Mac](#)
- [Showing Up For Racial Justice's educational toolkits](#)
- [The \[White\] Shift on Instagram](#)
- ["Why is this happening?" — an introduction to police brutality from 100 Year Hoodie](#)
- [Zinn Education Project's teaching material](#)